



Dallas L. Winchester Senior Center

January 2012 CALENDAR

DAILY PROGRAM/SERVICES SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday
2) Senior Center Meal Site Food Pantry Wabash Co. Transit All Closed Today	3) 9:30 - Breakfast for your Brain 9 - Bingo \$1 11 - *Lunch 12 - Penny Bingo	4) 11 - *Lunch 12-Euchre \$1 3-Low Impact Fitness 5:30 – Yoga \$7 *Foot Care by Appt.	5) 9:45 - Low Impact Fitness 11 - *Lunch 6 - Zumba Gold \$5 7:15 - Yoga \$7 *SHIP	6) 11 - *Lunch 12 - Euchre \$1
9) 9:45 - Low Impact Fitness 10:30 On-Site Eye Consultants 11 - *Lunch 12 - Euchre \$1	10) 9:30 - Breakfast for your Brain 9 - Bingo \$1 10:00 Blood Pressure Check 11 - *Lunch 12 - Penny Bingo	11) 10:30 Sing-A-Long 11 - *Lunch 12-Euchre \$1 3-Low Impact Fitness 5:30 – Yoga \$7 *Foot Care by Appt.	12) 9:45 - Low Impact Fitness 11 - *Lunch *1:00 Birthday Party 6 - Zumba Gold \$5 7:15 - Yoga \$7	13) 11 - *Lunch 12 - Euchre \$1 11-1 Tailgate Giveaway <u>Pantry Closed</u>
16) No Area Five Lunch served today. 9:45 - Low Impact Fitness 11 - *Lunch 12 - Euchre \$1	17) 9 - Bingo \$1 9:30 Breakfast for your Brain - Final 11 - *Lunch 12 - Penny Bingo *SHIP	18) 11 - *Lunch 12-Euchre \$1 3-Low Impact Fitness 5:30 – Yoga \$7 *Foot Care by Appt. *Hearing Services by appt. 1-877-436-6401	19) 9:45 - Low Impact Fitness 11 - Miller's Merry Manor Luncheon 6:00 pm Dementia Alzheimer/ Support Group 6 - Zumba Gold \$5 NO YOGA TODAY	20) 11 - *Lunch 12 - Euchre \$1 9-11:30 Commodity Box Distribution
23) 9:45 - Low Impact Fitness 11 - *Lunch 12 - Euchre \$1	24) 9 - Bingo \$1 10 Blood Pressure Check 11 - *Lunch 12 - Penny Bingo	25) 10:30 Sing-A-Long 11 - *Lunch 12-Euchre \$1 3-Low Impact Fitness NO YOGA TODAY *Foot Care by Appt.	26) 9:45 - Low Impact Fitness 10:00 Craft Class 11 - *Lunch 6 - Zumba Gold \$5 NO YOGA TODAY	27) 11 - *Lunch 12 - Euchre \$1
30) 9:45 - Low Impact Fitness 11 - *Lunch 12 - Euchre \$1	31) 9 - Bingo \$1 11 - *Lunch 12 - Penny Bingo	*Denotes by Reservation or Appointment Only		