

April 2011

Dallas L. Winchester Senior Center

(260) 563-4475

Operated by

Living Well In Wabash COA, Inc.

A Wabash County United Fund Agency



Featured Events/Programs:

Winchester Senior Center
Open Monday—Friday
8 a.m. - 5p.m.

Sunday Concert to Feature: God's Country

Sunday April 10, 2011 at 2:00 p.m. the band God's Country will be performing a free concert for all ages at the Winchester Senior Center, 239 Bond St. The group has been together for a year and has performed at the Roann Festival and also at the Knights of Columbus. There are 5 members of the group including Lisa Dunnagan, Ron Garlits, Mike Middleton, Ham Sadler and Greg Walter. The concert is made possible by the Operation Round Up grant provided by Wabash County REMC. Call 563-4475 for questions.

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April Showers ...

April 7 is dedicated to April Showers at the Winchester Senior Center. At 10:00 a.m. we are asking for assistance from everyone with bringing in bright and colorful umbrellas to help us decorate for Spring. These will be returned to each individual. Following lunch, we will show the 1952 classic "Singin' In the Rain". The show will begin at 12:00. Please call the Winchester senior Center at 563-4475 to make your reservations today for the April 7th events.

Spring In for the April Birthday Party

Spring is finally in the air! Please join us as we celebrate Spring and those that have April Birthdays on Thursday, April 14 at 1:00 p.m. You do not have to have an April Birthday to attend. Homemade refreshments will be served during the party. Please call 260-563-4475 to make your reservation for the April Birthday party on Thursday, April 14 at 1:00 p.m.

Amish Acres Trip
May 19

Buses Leave the
Winchester Senior
Center, 239 Bond
Street

@
9:00 a.m.

More info on pg. 2

What is your Easter Personality??

A full day of fun is in store for the Easter holiday on Thursday, April 21 at the Winchester Senior Center. The day's agenda includes low impact fitness at 9:45, lunch served at 11:00, Easter Bonnet and Funny Hat parade at 12:00, then enjoying Easter refreshments and learning your Easter Personality at 12:30. If you do not have an Easter Bonnet or hat to wear you will have the opportunity to make one immediately following lunch at 11:30. Make your reservations for the Easter Celebration by calling 260-563-4475 and make sure to bring your bonnets and funny hats! Call the Kitchen Team to make your reservation for lunch by Wednesday, April 20 by noon. This event is open to all Seniors of Wabash County.

Celebrate Earth Day with Recycling 101 ...And Then Some

Did you know- Phone books are not considered "mixed paper" when recycling them? Join us on Thursday, April 28 as Jen Rankin, Office Administrator at Wabash County Solid Waste Management District enlightens us why this is. She will also inform us about how important recycling is for our Earth. The discussion will also include all of the different kinds of recycling that is available in Wabash County along with the different locations to drop off the items you wish to recycle. Call 563-4475 to make your reservation for the Thursday, April 28 Earth Day Discussion at 1:00.



ZUMBA Wii to be Offered Throughout April

ZUMBA Wii is the Wii version of the Latin inspired fitness program that incorporates a variety of Latin dance moves. Due to ZUMBA GOLD being postponed until Mandy returns, FREE sessions of ZUMBA Wii will be offered every Tuesday and Thursday through April from 6:00 p.m. - 7:00 p.m. at the Winchester Senior Center, 239 Bond Street. Have no worries, the ZUMBA GOLD Program will pick back up after Mandy returns from maternity leave. Please call the Winchester Senior Center at 563-4475 if you have any questions.

AMISH ACRES Day Trip May 19

The Winchester Senior Center will be offering it's first day trip of 2011! Thursday, May 19 the buses will be heading to Nappanee, Indiana to Amish Acres. This trip will require walking so please wear comfortable shoes and make sure you are able to take all of the walking. The trip package will include: a documentary film, house and farm tour, farm wagon ride tour, Thresher's Dinner at the Restaurant Barn and we will conclude the trip with the Theater show at the Round Barn Theater of "The Old Rugged Cross" at 2:00 p.m.. The cost of the trip includes the Trip Package at Amish Acres and transportation to and from Amish Acres. This does not include personal purchases. Payment of \$67 in Full is due by Friday, May 6. Reservations will fill up fast so call Megan at 563-4475 to make your reservation today!

Where Does your Money Go?

Has your income or your family situation changed? Learn how to consider how life changes impact your decisions on where your money goes. Attend this 2-part session to better budget and how to spend and save accordingly. Teresa Witkoske, County Extension Director, will join us on May 6 at 10:00 a.m. at the Winchester Senior Center, 239 Bond Street.

Head Start Reading Program

Head Start only has a couple more months joining us here at the Winchester Senior Center. Be sure to mark your calendars for the dates they will be joining us: Wednesday, April 20 at 10:15. Wednesday, May 11 the children will be joining us for a sing-a-long at 10:15. Call 260-563-4475 to make your reservation to be a reading instructor.

Eye Glasses Adjustments

Get your glasses cleaned by a professional from Midwest Eye Consultants. Midwest Eye Consultants will be at the Winchester Senior Center on Monday, April 11 at 10:30 a.m. for minor eye glasses adjustments and cleaning. This service is free to all seniors in Wabash County. No appointments are necessary. For more information please call 260-563-4475.

Good Friday Closing

The Winchester Senior Center, Wabash County Transit and Food Pantry will be CLOSED on Friday, April 22 for the Good Friday Observance. No meals will be served that day as well. All programs and services will resume on Monday, April 25. For questions please call the Winchester Senior Center at 260-563-4475.

Unused Medication Drop-Off

The Wabash County Sheriff's Department will be setting up a drop off station at the Winchester Senior Center, 239 Bond Street, for all unused or expired medications. Medications must be in a closed bag. Needles will not be accepted. The drop off is from 1:00 to 3:00 on Thursday, April 28, 2011.

Connie Squires' Paper Cutting Series

Connie's paper cutting classes will be held every Wednesday through April. The time has changed to 9:00 a.m. at the Winchester Senior Center. The cost for the classes are \$1 per class attended to help cover the costs of supplies. Please call 260-563-4475 to make your reservation for each class.

Commodity Food Distribution

Are you 60 or older? Do you live in Wabash County? If so, you may qualify for the Commodity Food Distribution for Wabash County older adults. This does require an application process and is based on monthly income. If you have already been accepted the first distribution date will be Friday, April 15 at the Winchester Senior Center, 239 Bond St. Please call 563-4475 for more information.

Pantry/ Tailgate Information

Tailgate Giveaway: April 8 from 11:00-1:00
Please enter through the Hill Street Park entrance.

____The Pantry is Closed on Tailgate Days____

Pantry Hours

Monday-Tuesday 3:00-5:30 p.m.

Wednesday—Friday 9:00-11:30

For more information, please call Maggie at the Winchester Senior Center, 260-563-4475.

www.LivingWellInWabashCounty.org

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WINCHESTER SENIOR CENTER DAILY PROGRAM/SERVICES SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday
9:45 -Low Impact Fitness 11 - * Lunch 12-Euchre \$1 3-5:30 -Food Pantry	9-Bingo \$1 11-* Lunch 12-Penny Bingo 3-5:30 -Food Pantry 6:00 -Zumba Wii	9-11:30 -Food Pantry 11-* Lunch 12-Euchre \$1 3-Low Impact Fitness *Foot Care by Appt.	9-11:30 Food Pantry 9:45- Low Impact Fitness 11-* Lunch 6:00 - Zumba Wii	9-11:30 Food Pantry 11-* Lunch 12-Euchre \$1

SPECIAL EVENTS / SERVICES SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday
				1) April Fools Day
4)	5)	6) 9:00*Paper Cutting \$1 10:30 Trivia	7) 10:00 Umbrella Decorating 12:00 *Singing in the Rain *SHIP	8) Tailgate Giveaway 11-1 <u>Pantry Closed</u>
11) 10:30 Eye Glasses Adjustments by Midwest Eye Consultants	12) 10:00 Blood Pressure Checks 1:00 Senior Club	13) 9:00 *Paper Cutting \$1 10:30 Sing-a-long Hearing Serv. By Appt. 1-877-436-6401	14) 1:00 *Birthday Party *Prescription Assist.	15)
18)	19) *SHIP	20) 9:00 *Paper Cutting \$1 10:15 *Reading with Head Start	21) 12:00*Egg-citing Activities 6:00 Alzheimer/Dem. Support Group	22) CLOSED for Good Friday. Sr. Center, Pantry, Wabash County Transit No meals served.
25)	26) 10:00 Blood Pressure Checks *Prescription Assist.	27) 9:00 *Paper Cutting \$1 10:30 Sing-a-long	28)10:00 Craft Corner 1:00-3:00 Unused Prescription Drop Off 1:00*Celebrate Earth Day- Recycling 101 Discussion	29) 10:30 Low Vision Discussion

*** By Reservation/Appointment Only**